



正宗北方菜式之凉菜 Northern China Traditional Cold Dishes

(DISHERS MAY BE SPICY)

1. 皮蛋豆腐	Tofu with Preserved Egg	V £4.00
2. 麻辣土豆丝	Hot & Spicy Shredded Potato	VVV £4.00
3. 怪味鸡丝	Wonder Chicken Shreds	VV £4.00
4. 口水鸡	Steamed Chicken with Chilli Sauce	V £4.00
5. 五香酱牛肉	Spiced Beef Seasoned with Soy Sauce	£4.00
6. 麻辣牛肉	Spicy Hot Beef	VVV £4.00
7. 凉拌粉皮	Mung Bean Pastry Salad	V £4.00
8. 蒜泥拍黄瓜	Sliced Cucumber with Crushed Garlic Dip	V £4.00
9. 芥末海蜇	Jellyfish with Mustard Sauce	£5.00
10. 凉拌木瓜丝	Shredded Papaya in Vinegar	V £4.00
11. 麻辣肚丝	Shredded Pig Tripe in Chilli Sauce	VV £4.00
12. 红油牛肚	Shredded Ox Tripe in Red Spicy Oil	VVV £4.00
13. 芥末螺片	Sliced Whelk in Mustard Sauce	£4.00
14. 蒜泥白肉	Poached Pork with Crushed Garlic Dip	V £4.00

汤类 Soups

15. 粟米鸡汤	Chicken & Sweet Corn Soup	£2.00
	Creamed sweet corn served with shredded seasoned chicken.	
16. 粟米蟹汤	Crab & Sweet Corn Soup	£2.50
	Creamed sweet corn served with finely sliced crab.	
17. 云吞汤	Won Tong Soup	£3.50
	Light soup served with prawn won tongs.	

点心 Dim Sum

18. 锅贴 Wartip (4) £3.50
Pork with ginger and spring onion steamed dumpling, served with ginger vinegar.
19. 素锅贴 Vegetable Wartip (4) V £3.50
Finely diced vegetable steamed in a dumpling. Served with a ginger vinegar.
20. 萝卜酥 Mooli Pastry Cake (4) V £3.00
Golden Deep-fried Fresh Mooli Parcels.
21. 豆沙包 Red Bean Bun (3) V £3.00
Sweet red bean paste steamed in a white bun.
22. 鸡包 Chicken Bun (3) £3.50
Mince Chicken with mushroom, spring onion and ginger steamed in a white bun
23. 番薯饼 Sweet Potato Cakes (3) V £3.00
Flat sweet potato cakes deep fried.
24. 小笼包 Steamed Pork Dumpling (4) £2.50
Steamed dumpling with mince pork, spring onion and ginger stuffing
25. 素小笼包 Steamed Vegetable Dumplings (4) £2.50
Steamed dumpling with mixed vegetables
26. 水饺 Boiled Pork Dumplings (12) £4.00
Boiled dumpling in mince pork and Chinese leaf stuffing

头盘 Starters

27. 京骨 Peking Ribs £5.00
Pork Ribs glazed in rich sweet Peking sauce.
28. 炸馄饨 Deep-fried Won Tong (6) £3.50
Crispy King Prawn parcels with Mulan sauce
29. 蜂巢丸 King Prawn Honey Comb Balls (4) £4.50
King Prawn stuffing balls wrapped in pasty
30. 芝士丸 Cheese Puff Ball (4) £2.50
Cheese stuffing balls wrapped in pasty
31. 虾多士 Prawn Toast £4.50
Fresh prawn toast dusted in sesame seeds.

32. 椒盐鲜鱿 Salt & Pepper Squid £4.50
Lightly battered squid served in a hot spicy salt and pepper coating.
33. 炸鸡翅 Chicken Wings £4.00
Fried chicken wings served in a hot sauce.
34. 鸭丝春卷 Duck Spring Rolls (3) £4.00
Finely chopped duck meat with sliced carrots and coriander.
35. 素春卷 Vegetarian Spring Rolls (4) V £3.50
Finely chopped vegetables served with a sweet & sour sauce

拼盘 Sharing Platters

36. 素色拼盘 Vegetarian Platter £5.50 per person
Sweet Potato cakes. Beijing Steam Flour Rolls. Vegetable Pancake Rolls . Vegetable wartip. Seaweed.
37. 肉拼盘 Meat Platter £6.50 per person
Peking spare ribs (2). King prawn skewers. meat pancake rolls. Meat Wartip. Seaweed.

香酥鸭 Aromatic Duck

38. Delicious aromatic duck served with sliced cucumber and leek and Hoisin sauce and pancakes.
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|---------|--------|
| Quarter | £7.00 |
| Half | £12.00 |
| Whole | £20.00 |

新鮮拉麵 **Fresh Hand Made Noodles**

Our specialist Pastry skill chefs freshly prepare every noodle dish from scratch. He works the dough to bring you some different delicious styles of noodles. You can choose hand swing or hand cut noodles.

All soup noodles are served in a beef or a chicken and pork stock. If you would like a vegetarian stock just ask our helpful staff.

新鮮湯麵 **Fresh Soup Noodles**

39. 鸡肉拉面 Chicken La Mian

Hand swing fresh noodles served in a soup topped with chicken and mixed vegetables.

Med 中 £4.50 **Large 大** £6.80

40. 牛肉拉面 Beef La Mian

Hand swing fresh noodles served in a soup topped with beef and mixed vegetables.

Med 中 £4.50 **Large 大** £6.80

41. 海鲜拉面 Seafood La Mian

Hand swing fresh noodles with prawns, squid and mussel in a seafood stock with mixed vegetables.

Med 中 £5.80 **Large 大** £7.80

42. 素拉面 Vegetarian La Mian

Hand swing fresh noodles in a clear soup with mixed vegetables

Med 中 £4.00 **Large 大** £5.80

新鮮炒麵 **Stir Fried Noodles**

43. 辣牛肉炒面 Spicy Beef Ji Jen

Fresh noodles in a hot spicy sauce seasoned beef with mixed fresh vegetables.

Med 中 £4.50 **Large 大** £6.80

44. 虾蘑菇炒面 King Prawn and Moo Goo

King Prawns with straw mushroom, and mixed fresh vegetables.

Med 中 £5.80 **Large** 大 £7.80

45. 素菜炒面 Vegetarian Satay

Fresh noodles quick stir fried with Chinese mushroom and mixed fresh vegetables.

Med 中 £4.00 **Large** 大 £5.80

炸酱面 **Mince Pork Noodle**

46. Fresh hand swing fresh noodles served with side dishes of mince pork with Chinese radish in hot sauce with sliced cucumbers and spring onion.

Med 中 £4.00 **Large** 大 £5.80

刀削麵 **Dao Xiao Mian**

47. 木兰刀削面 Mulan Dao Xiao Mian

This is strips of noodle cut from one ball carved off with a special flat knife. It can be served with any meat in a soup. Choose from beef, pork or chicken.

Small 小 £3.50 **Med** 中 £4.50 **Large** 大 £6.80

蛋麵 **Chow Mein**

48. 木兰特色炒面 Mulan Special Chow Mein £ 6.80

Classic Egg Noodle Chow Mein with King Prawns, Squid, Mussels, Chinese Roast Pork, Chicken and Served with Mixed Fresh vegetables.

49. 木兰蔬菜炒面 Mulan Vegetarian Chow Mein £ 5.80

Classic Egg Noodle Chow Mein with Mixed Vegetables.

正宗北方菜式之热菜 Northern China Traditional Hot Dishes

肉类--Meat Dishes:

50. 香菜炒牛肚	Stir-fried Sliced Ox Tripe with Coriander, Red & Green Pepper	£7.00
51. 马来宫保鸡	Deep-fried Diced Chicken in Malay Style	£7.00
52. 川味小羊肉	Stir-fried Lamb in Sichuan Style	£7.00
53. 孜然羊肉	Stir-fried Lamb Slices with Cumin	£7.00
54. 葱爆羊肉	Stir-fried Lamb Slices with Spring Onion	£7.00
55. 水煮猪肉	Spicy Hot Poached Pork	£7.50
56. 水煮牛肉	Spicy Hot Poached Beef	£7.50
57. 锅包肉	Sweet & Sour Deep-fried Belly Pork in Northern Style	£7.50
58. 干煸肥肠	Dry-fried Pork Intestines with Chilli	£7.00
59. 川香辣肥肠	Stir-fried Spicy Pork Intestines in Sichuan Style	£7.00
60. 回锅肉	Stir-fried Sliced Pork with Pepper and Chilli	£7.00
61. 鱼香肉丝	Stir-fried Shredded Pork with Black Fungus , Red & Green Pepper in Yellow Bean Sauce	£7.00
62. 蚂蚁上树	Stir-fried Bean Starch Thread with Spicy Minced Pork	£6.00
63. 蒜苔炒肉	Stir-fried Sliced Pork with Garlic Sheets	£7.50
64. 豉汁蒸排骨	Steam small piece spare ribs with black beans sauce	£6.00
65. 大盘鸡	Whole Chicken served in pieces in a hot and spicy Xinjiang Style sauce with potatoes, peppers and onions	£14.00
66. 歌乐山辣子鸡	Chongqing Diced Chicken with Chilli & Spring Onion	£7.00

海鲜类—Seafood Dishes:

67. 橙香虾球	Fried King Prawn Ball in Tangerine Sauce	£10.00
68. 木兰沸腾鱼	Mulan boiled Sea Bass with Bean Sprouts in Chilli Oil	£13.00
69. 腰果大虾	King Prawn with cashew nuts	£8.50

70.清蒸鲈鱼	Steamed Sea Bass	£8.00
71.龙虾底面 (须提前 2 天预订)	Stir-fried Lobster Teriyaki Fresh Noodle (2 days pre-booking)	£18.00
72.避风塘虾	Deep-fried King Prawn with Special Bread Crumb	£10.00
73.避风塘蟹	Deep-fried Crab with Special Bread Crumb	£10.00
74.葱烧海参	Braised Sea Cucumber with Spring Onion in Soy Sauce & Oyster Sauce	£9.50
75.家乡烧带鱼	Braised Belt Fish with Red Chilli	£8.00
76.干炸带鱼	Dry-fried Belt Fish	£8.00
77.老干妈螺片	Stir-fried Whelk Slices with Red & Green Pepper and Coriander in Special Chilli Sauce	☺ £7.50

家常菜—Home Style Dishes:

78.尖椒肉丝炒香干	Stir-fried Dried Tofu Slices with Peppers & Shredded Pork	☺ £7.00
79.老北京烧茄子	Braised Aubergine in Beijing Style	✓ £6.00
80.麻婆豆腐	Stir-Fried Tofu with Mince Pork in Hot Sauce	☺ £6.00
81.尖椒土豆丝	Quick-fried Sliced Potatoes with Hot Pepper	✓ ☺ £5.00
82.椒丝腐乳通菜	Stir-fried Water Spinach in Preserved Tofu Sauce	✓ £7.00
83.蟹肉扒菠菜	Braised Spinach With Crab and Egg White	£7.50
84.芥兰 (清炒, 姜汁, 蒜茸, 耗油)	Chinese Broccoli (Sautéed, Ginger/Garlic Sauce, Oyster Oil)	£7.00
85.雪菜炒豆腐	Quick-fried Tofu & Potherb	✓ ☺ £7.00
86.鱼香茄子煲	Stir-fried Aubergine Sautéed with Sliced Pork in Spicy Garlic Sauce in Pottery Pot	☺ £6.50
87.地三鲜	Stir Fired Tomatoes, aubergine and potatoes	£6.00

附加餐 Additional Dishes

88. 柠檬鸡	Lemon Chicken	£7.50
	Lightly battered whole chicken breast served in a light lemon sauce.	
89. 四川鸡	Sichuan Spicy Chicken	£7.50
	Sliced chicken stir fried with traditional Sichuan spicy sauce	
90. 杏仁鸡	Chicken with Almond	£7.50
	Sliced chicken stir fried with Almond	
91. 古老肉	Sweet & Sour Pork	£7.50
	Pork finely sliced and coated in a light sauce with peppers and onion.	
92. 土椒牛肉	Beef in Black Bean Sauce	£7.50
	Sliced beef stir fried with green peppers and onion and black bean sauce.	
93. 腰果鸡	Chicken with Cashew Nuts	£7.50
	Sliced chicken stir fried with cashew nuts	
94. 干炒牛肉丝	Dry-fried Shredded Beef with Chilli	£7.00
95. 酱炖牛肉	Beef in OK Sauce	£7.50
	Lightly battered beef served with sliced onions in a rich, sweet dark OK sauce.	
96. 京式茄子盒	Aubergine with Prawn meat Stuffing in Peking Style	£8.50
97. 鉄板黄油蝦	Sizzling prawn in butter with green pepper, carrot and chilli	£9.50
98. 鸡炒饭	Chicken Fried Rice	£6.50
99. 大虾炒饭	King Prawn Fried Rice	£7.50
100. 炒饭	Fried Rice	£2.50
101. 白饭	Boil Rice	£1.50
102. 馒头	Steamed Northern Bun	£2.00
103. 花卷	Steamed Fleur Rolls	£2.00

Regional Dishes

Our specialist chefs have a broad and diverse range of regional dishes that they can prepare. Ask a member of staff if you would like something particular which is not on the menu. The chef will be happy to come out and show you his different dishes.

We hope you enjoy dining at Mulan Restaurant & Bar.



Ode of Mulan

Anonymous (c.5 A.D.)

Tsiek tsiek and again tsiek tsiek, Mulan weaves, facing the door.

You don't hear the shuttle's sound, You only hear Daughter's sighs.

They ask Daughter who's in her heart, They ask Daughter who's on her mind.

"No one is on Daughter's heart, No one is on Daughter's mind.

Last night I saw the draft posters, The Khan is calling many troops,

The army list is in twelve scrolls, On every scroll there's Father's name.

Father has no grown-up son, Mulan has no elder brother.

I want to buy a saddle and horse, And serve in the army in Father's place."